## Health Checkup cum awareness camp

Back to back untimely loss of three of our members sent us a stern message that all is not well, at least in the Health Front. The Association stepped in. A Health Checkup cum awareness camp for our members was organized by the Association at Bamboo Villa on 26.04.2013, under the guidance of Sri Shyamal Kumar Das, I.T.O. Due to time constraint, the camp could cater only our members posted at Bamboo Villa. Lipid Profile Test (for 50 members), Blood Sugar Test (for around 70 members) and ECG Test (for 77 members) were undertaken. Later on, a panel discussion was organized on the topic "Sudden death Due to Cardiac Arrest" in order to enrich the general health awareness of our members. Our panelists were Dr. Souvik Kanjilal and Dr. Priyam Mukherjee, both from the Cardiology Department of SSKM Hospital. A review of the test results was done by Dr. Kanjilal and Dr. Mukherjee on 03.05.2013 at Bamboo Villa. All the members participated in the Health Checkup were suitably advised by the Doctors according to the test results and they were prescribed medicines, wherever necessary. We extend our deep gratitude towards the doctors and the technicians participated. This was our maiden attempt. We sincerely hope that this will not be the last one.









